

Kobe City PR Paper	English	July 2023
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# Kobe's emergency services



If you have any questions about ward office procedures, financial support for raising children, etc.

Call the Kobe International to visit the **Community Center (KICC)! 2** 078-742-8721 (11 languages)



# Do you need that ambulance? 4 consultation services to call



To ensure that ambulances can reach the people who need them as soon as possible, it is important for everyone to call the consultation service appropriate to their situation.

#### **T** #7119: Emergency Advice Hotline

Available 24 hours a day, 365 days a year

If you or someone you live with has a fever that isn't going down, suddenly has a stomachache, gets injured in the middle of the night, etc.

Make a selection with the automated voice guidance.

•Emergency phone consultation: A nurse will assess the state of the illness or injury, determine the urgency, and guide you to a hospital or clinic or connect you to an ambulance.

• Medical institution guidance: The operator will guide you to an available hospital or clinic.

#### **T** 078-891-3499: Pediatric Emergency Phone Consultation

(Weekdays) 8 pm - 7 am, (Saturdays) 3 pm - 7 am, (Sundays/Holidays/New Year Holidays) 9 am - 7 am

**If your child** is weak from a high fever in the middle of the night, suddenly stops drinking milk, is constantly vomiting or has continuous convulsions, etc.

#### **2** 050-3733-7555: Okuru-Den (Hospital Transport Call Center)

Available 24 hours a day, 365 days a year

If you need to go to the hospital but don't feel you can do it by yourself, have difficulty traveling by wheelchair, etc.

\* Transport services require a fee

#### **T** 078-322-5999: Senior Health Advice Hotline

#### Weekdays 10 am - 3 pm

If an elderly person does not need to go to the hospital but wants to discuss their health concerns, or their family is concerned about their health and wants advice, etc.

# If you think someone might have heatstroke

There are often many cases of heatstroke in July. If symptoms become severe, it can be life-threatening.

## What to do

(1) Is the person showing signs of heatstroke? (Dizziness, lightheadedness, profuse sweating, headache, nausea, fatigue, impaired consciousness, convulsions, high temperature) Yes↓

## 2 Do they respond when you talk to them?

**Yes**  $\rightarrow$  Move them to a cool place, loosen their clothing, and cool their body

**No** $\rightarrow$  Call an ambulance (**\mathbf{\Sigma}**119). Administer first aid until the ambulance arrives. If they do not respond well, do not force them to drink water.

## 3 Can they take fluids on their own?

**Yes**  $\rightarrow$  Replenish their fluids and salts. If they have been sweating profusely, make sure they drink something that contains salt.

 $No \rightarrow$  Take them to a hospital or clinic. Make sure the person who accompanies them knows what happened when the person collapsed, and tells the staff about their condition when the symptoms started.

## **④** Have the symptoms improved?

**Yes**  $\rightarrow$  Allow the person to rest thoroughly where they are. If they are outside, take them home after they have recovered.

**No** $\rightarrow$  Take them to a hospital or clinic.

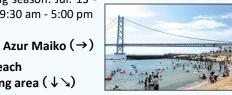
# In an emergency: 🛣 Dial 119 If you're not sure: 🛣 Dial #7119

Edited by: Kobe City International Division

# Azur Maiko and Suma Beach open for swimming season!

You can have your fill of oceans and white sandy beaches close to the city, and both kids and adults can safely have fun at the beach.

Swimming season: Jul. 13 -Aug. 27, 9:30 am - 5:00 pm



## Suma Beach swimming area $(\downarrow \searrow)$



# **#TransformationofKobe** Myodani area



The Myodani area is changing to become a great environment for families with children.

The station-front areas are transforming into places that all generations can enjoy.

#### ① More locations to support raising children

Myodani Library

Job Share Center in station building "tete Myodani" North Zone

#### ② Suma Patio becomes a fun space for all generations

• Grassy lawn in the shopping square

• Food trucks & events in the station square

• Suma Patio renovation planned for 2024



# Easily search for benefits & service desks in one place!

Simply search by keywords or your date month & year on Smart Kobe to see all of the support you can receive. There are about 200 support programs available.

Examples: Allowances, support for daily life, moving aid, cancer screenings, vaccination subsidies. National Health Insurance exemptions/reductions, etc. er Io

Website (Japanese only)→

# **Medical Expense Subsidy for high** school students starts in October!

Regardless of their family's income, all high school students can go to the hospital for illness or injury with a decreased co-pay.

	Outpatient visit	Inpatient visit
0 - 2 y.o.	Free	
3 y.o high school age	Per hospital/clinic/pharmacy: Up to 400 yen/day on 1st & 2nd visits Free from 3rd visit onward	Free

Eligibility: All residents of Kobe aged 18 or under, until March 31 following their 18th birthday. (Does not have to be attending high school)

How to receive the subsidy: In principle, no application is needed. A new recipient certificate will be mailed out in late September. Those who need to apply will receive a notice from Kobe City, so please apply then.

Details here! (JP)→

## Summer break! Where to go in Kita Ward!



Kobe Fruit & Flower Park OZO Roadside station, BBQ area, summertime pool, etc.



**DENSPO North Kobe Country Sports Park** (7/29, 8/26) You can bring fireworks and launch them here

#### **Kobe Youth Park**



Day camping venue equipped with outdoor grilling areas and a log housestyle food prep area

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## Kobekko Play Area

Parents & kids can have fun even on rainy days (For preschoolers & under)



## **Rokko-Arima Ropeway**

(8/1-8/31) Kids in ES & under who buy a ticket get a nice gift! (while supplies last)

## Aina Satoyama Park



Fun programs including observing animals that live near the water, bug catching, crafts, lotus showers, lottery wheel for summer vegetables, etc.



#### **Kobe Municipal Arboretum**

(8/19,20) Games & experiences for kids

## Shiawase-no-Mura



Tons of playground equipment at Trim Playground, a BBQ area, a zipline, pony area, pool, hot spring, etc.

\*Some parks/activities require a fee

Schedule of summer festivals & bon-odori festivals in Kita Ward!  $(JP) \rightarrow$ (p.2)

