

Kobe PR Paper English May 2022

Eat delicious Kobe-grown veggies!



If you have any questions about ward office procedures, financial support for raising children, etc.



Call the Kobe International
Community Center (KICC)!

to visit the website!





## COVID-19 Vaccination Information

### Booster vaccine for age 12-17 (3rd dose)

Twelve to 17-year-old Kobe residents who have received their 2nd dose of the Covid-19 vaccine can now get their booster shot (3rd dose). The number of Covid-19 cases among teens has been increasing, so please consider vaccinating your teen(s) after consulting with your doctor. Please note that vaccination is not compulsory.

Vouchers for the booster vaccine are mailed out after 6 months have passed since the second dose. You can schedule the vaccination once you have received the vaccination voucher.

The vaccine brand for this 3rd dose is Pfizer.

◆ Vaccination venues & scheduling

Clinics and hospitals that administer the Pfizer vaccine: Follow the administering clinic/hospital's procedures for scheduling a vaccination.

City Hall Bldg. 1 (24F) & Noevir Stadium Kobe: Schedule the vaccination online or call the Covid-19 Vaccination Call Center

\*Parental/guardian consent and accompaniment is required for vaccination.

#### What to Bring

① Personal ID (foreign residence card, health insurance card, etc.) ② Vaccination voucher & health questionnaire (combined form) ③ Maternal and Child Health Handbook ④ Prescription booklet (if the child has one)

### Booster vaccine for age 18 and over: Pfizer is available at Noevir Stadium!

Dates: May 17 - June 28, Tuesdays only

- \*Only the Moderna brand is available on other days
- \*Reservation required





# Catch it early: Get a Cancer Screening

Did you know that about 1 in 6 people in the world die of cancer? Most cases of cancer can be treated if detected before symptoms occur.

Cancer screenings conducted at group health screening venues are affordable, and you can make a reservation online 24/7.

Check the website linked below (2D code) for information about eligibility and costs.

### **Types of Cancer Screenings**

Stomach (upper endoscopy/ barium x-ray) | lung | colon | breast | cervical | prostate

#### Tap here! (JP)↓



### Super exciting for kids! Playground Equipment with a New Sensation!

A different experience from typical playground equipment like slides and swings, *Fuwa Fuwa* Domes ("soft domes") are gradually being added to parks in each ward. These trampoline-like mounds were recently added to Rokko Island's Kobe Fashion Plaza (in Higashinada Ward) on May 14.

The Fuwa Fuwa Dome was first installed in Minatogawa Park (in Hyogo Ward), and it has been extremely popular with kids. Please look forward to seeing more of these domes popping up

seeing more of these domes popping up in other wards.

Minatogawa Park

Kobe Fashion Plaza





### ~Grow local, eat local~ <u>Eat Delic</u>ious Kobe-Grown Veggies!

#### Kobe SHUN-SAI

Kobe SHUN-SAI is seasonal produce that is grown locally using fewer chemical fertilizers and pesticides. There are currently 18 types of produce being grown this way, and they are used in school lunches and also available for purchase at both retail and wholesale shops.

Look for the Nana-chan symbol on the packaging or tape!  $\rightarrow$ 

### Fresh veggies every day at FARMSTAND

This joint shop and café was opened in Kitanozaka in hopes that it would inspire people to eat Kobe-grown products everyday. Their

lunches are full of fresh, local veggies that come straight from the farm.

# Kaigan Line Free Pass for junior high school kids & under

In order to encourage more youths and families with children to live and be active in the areas near the Kaigan Subway line, Kobe City is offering a special train pass that gives unlimited rides on this line to children in junior high school and younger. The pass is valid for 6 months, and there are many locations where you can apply. Use this convenient pass for outings, lessons and more!

Eligibility: Junior high school students & younger

Where to Apply: See website



Cost: Free

← More info here (JP)



## Spring Harvest Festival at Nunobiki Herb Gardens

With vibrant flowers and herbs in full bloom, spring is the most beautiful season of the year at Nunobiki Herb Gardens. During the Spring Harvest Festival period, you can join a number of hands-on workshops and events, including a chamomile-picking event (they smell a little bit like apples when you touch them!) and a workshop to make a flower bouquet using fresh herbs. Additional fees apply.

Dates: May 21-22, 28-29 (Canceled in the event of rain)

Ropeway & Admission: Adult 1800 yen ES/JHS 900 yen



Tap here for details!
(JP)↓



# Spring Rose Viewing at Suma Rikyu Park



About 4,000 roses in 180 varieties are in full bloom at the same time, including those bearing the names of various royal figures and artists.

Come surround yourself in the splendor of these colorful and sweet-scented roses.

**Period**: May 7-29, 9:00∼18:00 **Admission**: Adult 400 yen

ES/JHS 200 yen

Access & other info (JP)→



## Get your fill of Kobe's outdoors with KOBE Rail & Trail



The Kobe Electric Railway is the perfect mode of transport for getting close to nature. Through the cooperation of Kobe City, the railway, and outdoor goods store Kojitsu Sanso, KOBE Rail & Trail is a special project to promote ridership using outdoor activities. There are many events, including special hiking tours that focus on learning about the forest.



### Everyone's hiking hub: Lodge Tanigami



Located on the platform of Tanigami Station, this lodge building is convenient for meeting with friends to confirm your hiking course, as well as checking your supplies and equipment before heading

out. The lodge also carries a map marked with hiking courses that start from every station on the Kobe Electric Railway train line.

## So refreshing! Rent-A-Cycle Cross Bikes

With stunning views of a blue lake and new greenery, spring is the perfect time to cycle on the Kande-Yamada Cycling Road. You can even rent a bicycle at a café near one of the stations. Come ride a cool cross bike and move your body while enjoying wonderful views of the countryside and rice fields.

◆Rental Fee: Adult 1,500 yen, ES & under 500 yen

Check here for rental periods, location access, etc. (JP)→

